Residential Living

Charles M. Morris Nursing & Rehabilitation Center | Attentive, Individualized Nursing Care | 412-420-4000
A skilled nursing community featuring a homelike atmosphere and capacity for 124 residents needing short- and long-term rehabilitation. Dedicated and caring staff help residents remain healthy, safe, and secure. Transitional rehabilitation provides convenient access to physical, occupational, and speech therapies as well as 24-hour nursing and wound care. Home to Allderdice that administers nursing services to residents with memory loss.

The Residence at Weinberg Village | Encouraging Enjoyable & Enriching Lifestyles | 412-521-8988
This personal care community overlooks the Monongahela River and is home to 58 residents needing minimal assistance with daily living in order to remain independent. A perfect blend of convenience, compassion, security, and a devoted staff. Specializing in memory care, The Arbor is located within Weinberg Village.

Harry & Jeanette Weinberg Terrace | Feel Right At Home, Right from Day One | 412-421-5757
A personal care residence with 62 spacious apartments located at 5757 Bartlett Street in the heart of Squirrel Hill. Designed for active seniors who need occasional assistance to remain independent. Trained, supportive staff, along with a host of convenient services and amenities, help everyone stay energized. Residents are surrounded by the warmth of a traditional community that feels like home, right from day one.

The New Riverview Apartments | A Senior Loving Community™ | 52 Garetta Street | 412 521-7876
A vibrant senior community where the goal is to live comfortably, remain self-reliant, and enjoy life to the fullest. Part of JAA's array of senior services, 191 renovated apartments provide affordable independent living options for tenants at all income levels. Service coordinators and on-site activities staff support active, healthy lifestyle choices and encourage participation.

Memory Care Communities & Services

AHAVA Memory Care Center of Excellence | Community. Purpose. Hope. | 412-521-5677
An assisted living residence that enhances the independence of those with Alzheimer's disease and other forms of dementia or memory loss. Works in partnership with the Hearthstone Institute® which uses the *I'm Still Here™* evidence-based, non-pharmacological approach to treatment. Purposefully designed to embrace residents in a secure yet soothing and comforting environment that promotes freedom and engagement.

Allderdice Memory Care Neighborhood | Compassionate Nursing. Memory Care Expertise | 412-420-4000
A separate and secure wing of Charles M. Morris Nursing & Rehabilitation Center with capacity for 30 residents. Encourages activity and purpose to those with memory loss who require the special care provided by skilled nurses. Uses the *I'm Still Here™* approach to the treatment of memory loss.

The Arbor at Weinberg Village | Intimate and Secure Memory Support | 412-521-8988
Part of the Residence at Weinberg Village, this personal care community is designed for seniors living with varying levels of dementia. Fully renovated with sweeping views of the Monongahela River and Somerset at Frick Park. A safe and secure community that stimulates memory as it improves engagement and quality of life.

Anathan Club Adult Day & Nighttime Memory Care Services | Vital, Active, Caring Every Day | 412-422-9454
Provides daily therapeutic programming for people with memory care needs in a warm, nurturing, and secure setting. Caregivers gain support and peace of mind as services are available during the day (M-F 7AM-6PM, exc. holidays), or at night (Su, Tu, Th 9PM-7AM, exc. holidays).
Home and Community Services

**JAA Home Health Services | Skilled Nursing Where You Live | 412-586-3249**

Aging in place is possible with compassionate, professional, and reliable in-home services. A care plan is coordinated between the patient, personal physician, family, caregiver, nurse, and therapist to ensure the patient's needs are met. Support at home includes skilled medical and mental health nursing, wound care, home health aide, as well as physical, occupational, and speech therapies.

**Mollie's Meals Home Delivery Service | Meals Delivered with Love | 412-421-7616**

The only kosher meals-on-wheels service in western Pennsylvania provides nutritious meals to qualifying home-bound seniors within delivery areas. Participants are assessed periodically and, when appropriate, referred to other AgeWell services.

**Sivitz Hospice & Palliative Care | Where Your Final Wishes Come First | 412-422-5700**

Focuses on the individual at the end of life by addressing physical, spiritual, and emotional needs while managing pain and other symptoms. Wherever the patient calls home, expert assistance with symptom management is there.

**AgeWell Pittsburgh | A Connection to Community Services | 412-420-4000 x 2252**

Helps older adults find access to health and community services through a collaboration between JAA, Jewish Family and Community Services, and the Jewish Community Center. Specific AgeWell assistance offered by JAA includes care navigation, home modification, and independence at home.

**Outpatient Therapy**

**PT@JCC powered by JAA | Getting You Better. Together. | 412-697-3505**

Located at the JCC in Squirrel Hill, PT here specializes in orthopedics, sports injuries, manual therapy, pre- and post-surgical rehab, degenerative conditions, balance, and neurological illness. Administers individualized aquatic therapy and treatment for Parkinson's disease. Most insurances are accepted including Aetna, Highmark, and UPMC. Neither physician referral nor JCC membership necessary to seek treatment.

**Myofascial Release Therapy | No One Should Have to Live With Pain | 412-697-3505**

A gentle, effective, manual therapy that applies sustained pressure into connective tissue to eliminate pain and restore mobility. Located on JAA's main campus, this is one of only a few treatment centers in Pittsburgh with certified myofascial release therapists on staff.